Office of the Chair - Week of February 12 - 16, 2007

Website: http://www.hsc.usf.edu/PSYCH/

Newsletter

Meetings

Tuesday 02/13/07 12:00 noon Outpatient Clinic Committee Meeting

Wednesday 02/14/07 8:00 a.m. Voluntary Faculty Committee Meeting
11:00 a.m. Medical Student Education Committee Meeting
12:00 noon Curriculum Committee Meeting

Thursday 02/15/07 8:00 a.m. Call Center Meeting

Resident Lectures:
8:00 a.m. PGY 1 – “Emergency Psychiatry” Dr. Ruano
8:00 a.m. PGY 2 – “Child and Adolescent Psychopathology” Dr. Stock
8:00 a.m. PGY 3 - “Outpatient Long Term Case Conference” Drs. Nagera/R. Fernandez
8:00 a.m. PGY 4 – Neuropsychiatry “Temporal Lobe Epilepsy” Dr. F. Fernandez - e-learning (ongoing)
8:00 a.m. CHILD – Journal Club
9:00 a.m. PGY 1 – “Psychopathology” Dr. Nagera
9:00 a.m. PGY 2 – “Individual Psychotherapy” Dr. R. Fernandez
9:00 a.m. PGY 3 – “Group Psychotherapy” Dr. Zak
9:00 a.m. PGY 4 - Board Review
9:00 a.m. CHILD – “Anxiety Disorders” – Dr. Rieche
10:00 a.m. PGY 1 – Introduction to Psychopharmacology “ECT in Mood Disorders” Dr. Stewart
10:00 a.m. PGY 2 – Family and Couples Psychotherapy “The Concept of Systems Theory and the Concept of Narratives” Dr. Stock
10:00 a.m. PGY 4 – Neuropsychiatry “Unorthodox Psychopharmacology Treating Issues in the Brain Impaired” Dr. F. Fernandez - e-learning (ongoing)

11:00 a.m. Residents Meeting
12:00 noon Journal Club
Friday 02/16/07

Medical Student Lectures:
7:30 a.m.  “Delirium and Dementia” Dr. Stewart
9:30 a.m.  “Alcohol Dependence” Dr. Levy
1:00 p.m.  “Geriatric Care” Dr. Smith
2:00 p.m.  “Capacity for Decision Making” Dr. Fargher
3:00 p.m.  “Substance Abuse” Dr. Brown
4:00 p.m.  “Alteration in Consciousness” Dr. Prockop
2:30 p.m.  February Birthday Celebration in Hideaway Café

In The Know!

Happy Birthday Wishes to Ana Ortega/February 13th and Jose Valdes/February 13th.

On Friday, February 16, 2007, Dr. Pauline Powers will be presenting the Keynote Address entitled “Current Treatment of Patients with Eating disorders” at the 11th Annual Women’s Health Across the Lifecycle, Eating Disorders Conference, in Johnson City, Tennessee.

On Friday, February 16, 2007, from 7:00 – 10:00 p.m. The Carter-Jenkins Center will present a Mental Health Education Series in collaboration with the USF Department of Psychiatry. The title of the presentation is “Mysterious Skin” and moderators will be Frances Marton, LCSW and Tom Haukaas, M.D. For information please call 813-908-8686.

Congratulations to Dr. Mauguerite Poreda who was presented the University Partners Award for 2006 at the Suncoast Alzheimer’s and Gerontology Center’s Awards luncheon on January 31, 2007. This award is given in recognition of outstanding commitment and support in the battle against Alzheimer’s Disease.

The Insomnia Clinic within the Department of Psychiatry is pleased to announce the availability of 4 group sessions (one per week) for the treatment of insomnia. Each group will last approximately 1 ½ hours and consist of the following topics:

- **Behavioral** - addresses specific behavioral treatments for insomnia such as setting a regular bedtime and wake time, sleep restriction, getting out of bed if not asleep in 20 minutes, etc.
- **Cognitive** - addresses distorted beliefs about sleep that may be associated with or maintaining insomnia (e.g. “if I don’t get 8 hours of sleep I won’t be able to function”)
- **Sleep Hygiene** - addresses sleep practices that may have caused or maintained the insomnia and provides recommendations for improving sleep hygiene (e.g. avoid caffeine late in the day, avoid napping, etc)
- **Relaxation Training** - specific training in diaphragmatic breathing and progressive relaxation

The groups will be held on Thursdays at 11:00 starting February 28, 2007. Contact Dr. Moering at 974-0046 for additional information or referral questions.

Research Happenings!
Volunteers are being sought to participate in a trial of an investigational medication being studied for the treatment of manic symptoms in people with Bipolar I Disorder. All study-related medications, study-related lab work, hospitalization treatment and doctor visits will be provided to patients at no charge. For additional information, please contact Barbara Oleim, R.N. at 974-3633.

Volunteers are being sought to participate in a research study of an investigational drug being evaluated for patients with schizophrenia who are currently receiving Risperidone. Participants must be between 18 and 55 years of age and have been stable on Risperidone for at least one month. All study-related medications, including Risperidone, will be provided to participants at no cost. For more information, please call (813) 974-1404.

We Need You! Please help us complete our MINI-Kid Study by referring your patients. We are in need of patients with possible diagnosis of eating disorder, alcohol and substance abuse/dependency and psychotic disorders. Study flyers with more information are in the clinic for patients. Please call the Silver Child Development Center at (813) 974-1516.